

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 a.m.	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time
7:00 a.m.	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time
8:00 a.m.	Buffer Time	Work	Work	Work	Work	Work	Meal Prep
9:00 a.m.	Buffer Time	Work	Work	Work	Work	Work	Family Time
10:00 a.m.	Meal Prep	Meal Prep	Meal Prep	Meal Prep	Meal Prep	Meal Prep	Family Time
11:00 a.m.	Personal Time	Homeschool	Homeschool	Homeschool	Homeschool	Homeschool	Family Time
12:00 p.m.	Personal Time	Homeschool	Homeschool	Homeschool	Homeschool	Homeschool	Family Time
1:00 p.m.	Personal Time	Homeschool	Homeschool	Homeschool	Homeschool	Homeschool	Family Time
2:00 p.m.	Personal Time	Homeschool	Homeschool	Homeschool	Homeschool	Homeschool	Family Time
3:00 p.m.	Strategic Block	Strategic Block	Strategic Block	Strategic Block	Strategic Block	Strategic Block	Family Time
4:00 p.m.	Meal Prep	Meal Prep	Meal Prep	Meal Prep	Meal Prep	Meal Prep	Meal Prep
5:00 p.m.	Meal Prep	Meal Prep	Meal Prep	Meal Prep	Meal Prep	Meal Prep	Meal Prep
6:00 p.m.	Kids Chores	Kids Chores	Kids Chores	Kids Chores	Kids Chores	Kids Chores	Family Time
7:00 p.m.	Work	Work	Work	Work	Work	Personal Time	Family Time
8:00 p.m.	Personal Time	Personal Time	Work	Work	Work	Personal Time	Family Time
9:00 p.m.	Family Time	Family Time	Family Time	Family Time	Family Time	Family Time	Family Time
10:00 p.m.	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time
11:00 p.m.	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time

**Color Code**

- Homeschool
- Meal Prep/ Meal Time
- Work (GaVS, OWA, EPIC, Study Hall)
- Family Time
- Personal Time (Worship, Workout etc.)
- Strategic Block (Intense Planning to meet my goals)
- Buffer Time (Check Email, etc.)
- Kids Chores